

UC DAVIS SPRING 2024 OFFERING

# UC CLIMATE RESILIENCE COURSE

TRANSFORMING DISTRESS TO COLLECTIVE ACTION

## **ECL 298: Building Psychosocial and Planetary Resilience**

with Mandy Frazier, MS & Faculty

Fridays 1:10-2:30, In-Person, TLC 3211

2 Units, CRN 38125



This experiential class offers valuable personal and social resilience skills to navigate and build a meaningful sustainable future & includes:

- Online talks from global experts in climate science and action
- In-person resilience training with faculty & mindfulness experts
- Group projects with an impact

Join this exciting UC-wide movement and learn the #ClimateResilienceMindset!



Mandy Frazier,  
MS



Scott Fishman,  
MD



Stephen  
Wheeler, PhD



Rose Nisker



Jennifer Jacobs

MORE DETAILS AT  
[WWW.CLIMATERESILIENCE.ONLINE](http://WWW.CLIMATERESILIENCE.ONLINE)